



BENGAL TRACK

1990



BLAINE GIRLS TRACK ROSTER 1990

9th
Chrisie Keefe

10th
Toni Borders
Stacy Borkenhagen
Brenda Bushie
Misty Cross
Holly Dokter
Kathy Duax
Shandra Dunser
Jessie Fitzsimmons
Julie Hoiium
Nicolle Frank
Chris Jameson
Tara Lindquist
Shannon Magill
Melanie Miels
Ginger Moore
Erica Novak
Tina Peterson
Tina Rainville
Sara Rust
Lisa Stasik
Jenni Stenstrom
Marsha White
Sarah White
Amy Wilcock

11th
Julia Amick
Jennifer Barich
Renee Butorac
Lara Craine
Heidi Garcia
Kerry Lambert
Heather Lindamood
Kim Norris
Bridget Olmscheid
Janelle Peterson
Janelle Royer
Michelle Treanor
Karen Walsh
Angie West
Christy Witschen

12th
Lauri Bentrin
Molly Bonin
Betsy French
Darcy Frank
Tari Frischmon
Ingrid Olson
Susie Schachel
Kari Smalkoski
Lori Stanislawski
Jenni Stein

Blaine Girls Track 1990:

Coaches:

Myra Pesch
Rick Granquist
Mark Lafer
Don Hoffman

Captains:

Ingrid Olson
Lori Stanislawski
Betsy French
Lauri Bentrim

All Conference:

Kerry Lambert: 100M H

Letter Winners:

Seniors: Lauri Bentrim, Betsy French, Molly Bonin,
Tari Frischmon, Darcy Frank (Ngr), Ingrid Olson,
Susie Schachel, Jenni Stein, Lori Stanislawski

Juniors: Kerry Lambert, Janelle Peterson,
Janelle Royer, Angie West

Sophs: Julie Hoium, Tina Rainville, Lisa Stasik,
Marsha White

Freshman: Chrisie Keefe

Letter Points Total For Season 1990

	M	W	B	A	E	G	M	H	T	S	F	L	T	G	C	R	Total
B. Bushie								1 1/2	2						2		5 1/2
N. Frank	1/2																1 1/2
C. Jameson								3 1/2									3 1/2
C. Keefe	2	1						3 1/2	1 1/2	8	1 1/4						17 1/4 * Points
T. Lindquist								1/4	3/4	1 1/4							2 1/4
S. Magill															5		5
G. Moore	3/4							1 1/2	2 3/4	3							8
E. Novak	1/2	3/4						5 1/2	1 1/2	1 3/4	1 1/4						11 1/4
T. Peterson		3/4						3/4	1/4	3/4	1/4						3 3/4
T. Rainville		1	2					4	4 1/2	1/2	1/2						12 1/2 * Placed in Conf.
S. Rust		1 3/4							2								3 3/4
L. Stasiak	5 3/4	6 3/4	5	3	2 1/2	2	1 3/4	4	1								48 1/4 * Points, Placed in Conf.
J. Stenstrom	1/2	3/4						3/4	1 1/4								3 1/4
M. White	3/4							3 3/4	1/2								4 1/2 * Placed in Conf.
S. White	3/4																3/4
J. Holium	3/4	1 1/2						1	6 1/4	4 1/2	1						20 \ * Points, Placed in Conf, Region
J. Amick	3/4							2									2 3/4
L. Craine																	1
K. Lambert	13 3/4	5						9 1/2	5 1/2	15 1/4	10	6 3/4	10 1/2				76 1/4 * Points, Placed in Conf.
K. Norris	1/2													2			2 1/2
J. Peterson	7							2	1 1/2	4	7	3	5	2	8		37 1/2 * Points, Placed in Conf, Region
J. Royer	1/2	1						3 1/2	2	3	4						14 * Points
K. Walsh								2	3								5
A. West	7	4	2	3 1/2	1			14	5	3	6	1					46 1/2 * Points, Placed in Conf, Region
C. Witschen																	1
L. Bentrim	8 3/4	7	3	11 1/2	10 1/2			5									48 * Points, Placed in Conf, Region
M. Bonin	3/4																3/4 * 3 year Member
B. French	4 3/4	1	1	1 1/2	2	9 1/4	3/4	1/2									20 3/4 * Points, Placed in Conf.
T. Fischman	1/2	3/4						1 3/4	3	1 1/4	1/2						7 3/4 * Placed in Conf.
I. Olson																	* 3 year Member
S. Schachet	1/2	3/4						1 1/2	3/4	1	1 1/4						5 3/4 * 3 year Member
K. Smalkoski								1/4									1/4
L. Stanislawski	5	6 3/4						11 1/2	3 1/2	17	6 1/4						50 * Points
J. Stein								4	5 1/2	2							11 1/2 * 3 year Member

Bethel Indoor March 17th 1990.

Shot Put:

West: 39' 11 1/2"
Amick: 33' 3 1/2"
Royer: 28' 1 1/2"
Pete: 28' 3"
Olson: 26' 3 1/4"

Long Jump

French: 15' 6"
Hauglund: 10' 2"
Stenstrom: 13' 4"
Roinville: 15' 2"
Slosik: 13' 9"
Schneider: 13' 6"
Borders: 12' 1"
Frank: 13' 7"
Cross: 13' 11"
Duax: 10' 1"
Frischman: 13' 8"
S. White: 13' 2"
M. White: 13' 3"
Walsh: 12'

55 meter

Stenstrom: 8.9
French: 7.7
Roinville: 7.8
Frischman: 8.4
Magill: 8.9
Novak: 8.9
Peterson: 8.58
Lindamood: 8.1
Jeffers: 8.4
Benny: 8.06 (Benhim)
Borders: 7.43
Butorac: 8.62
Duax: 9.55
Lindquist: 8.41
Schneider: 8.43
Rust: 8.7
Sprague: 9.04
Slosik: 8.17
Cross: 8.92
Frank: 8.36

55 ft

Walsh: 11.29

400 meter

Slaniskirski: 69.5
Quik: 1:22 Norris: 1:13

1600 meter

Barick: 7:08 Chain: 7:11
Hainor: 7:03 Keefe: 6:44

300 meter

Stein: 32.8
Frischman: 30.2
Roinville: 29.4
Peterson: 31.6
Sprague: 33.7
Rust: 33.6
Dunser: 30.9
Schneider: 32.73
Frank: 32.9
Stenstrom: 32.4
Borders: 36.2
Butorac: 34.1
Duax: 36.1
Lindquist: 33.0
Schneider: 32.73
Sprague: 32.6
Slosik: 30.5
Cross: 30.8
Dunser: 30.9

800 meter

Noore: 3:12
Bushie: 2:59
Novak: 3:02
Slanislowski: 2:43
Witschen: 3:11
Schachel: 2:55
S. White: 3:16
M. White: 3:13
Magill: 3:06

High Jump

Wiboll: 4' 4"
Bentrim: 5' 1"

Blaine Indoor: March 31st B, Iron, F. Lk.

Long Jump:

French: 13'11"
Duax: 7'11"
Lindquist: 10'7"
Barich: 10'5"
Anderson:
Stasik: 13'10"
Rainville: 14'5"
Frank: 11'8"

High Jump:

Wilcock: 4'2"
Cross: 3'10"
Frank: 4'2"
Bentrim: 5'4"
Rust: 4'2"

Shot Put

West: 29'1" Royer: 28'3"
Amick: 22'8" Olson: 25'10"
Jameson: 22'9" Garcia: 20'11"

60yd. Hurdles

Walsh: 11.3
Bushie: 11.0

60yd. Dash

French: 7.7 Peterson: 8.62
Rainville: 8.08 Cross: 8.6
Bentrim: 8.04 Stenstrom: 8.9
Lambert: 7.90 Fitzsimmons: 10.4
Lindamood: 8.36 Duax: 9.5
Smalkoski: 8.9
Stasik: 8.0
Butorac: 8.9
Lindquist: 8.4
Walsch: 9.0
Frank: 8.6

660yd Run

Witschen: 1:48
M. White: 1:42
S. White: 1:46

8lap 5. Med. Relay

1. Jeffers: 22.95 3. Bonin: 53.7 } 3:44.9
2. Butorac: 24.6 4. Nagill: 2:03 }

4lap Relay

1. Bentrim: 21.6 3. Rainville: 21.4 } 1:26.
2. French: 21.04 4. Stasik: 21.9 }

440 yd. Run

Bushie: 72.3 Ovik: 82.1
Barich: 78.1 Hoium: 71.9
Norris: 74.7 Dockett: 85.1

880yd Run

Treanor: 3:05
Novak: 2:55
Moore: 2:59

300 yd Run

Norris: 44.5 Peterson: 44.9
Bonin: 46.6 Stenstrom: 48.7
Smalkoski: 47.3 Duax: 53.3

Irondale Meet at U. View April 19TH 1990
CH, I, B, NSP, SF

4x800 relay

- | | | |
|--------------|-----------------|-------|
| ① Novak 2:46 | ③ Schachel 2:53 | Total |
| ② Ovik 3:10 | ④ Treanor 2:59 | 11:49 |

100m hurdles

- | | |
|---------------|---|
| ① Walsch 19.5 | ③ |
| ② | ④ |

100m dash

- | | |
|------------------|---|
| ① French 13.3 | ⑦ |
| ② Lambert 13.16 | ⑧ |
| ③ Butovac 14.6 | ⑨ |
| ④ Smalkoski 15.8 | ⑩ |
| ⑤ Borders 16.9 | ⑪ |
| ⑥ | ⑫ |

4x200 relay

- | | | |
|----------------|------------------|--------|
| V ① Frank 34.4 | ③ Frischman 20.9 | Total |
| ② Norris 31.1 | ④ Stenstrom 31.9 | 2:08.4 |
| JV ① | ⑤ | |
| ② | ④ | |

1600 m.

- | | |
|--------------|---|
| ① Crain 7:14 | ④ |
| ② Keefe 6:10 | ⑤ |
| ③ Moore 6:28 | ⑥ |

4x100 relay

- | | | |
|-----------------|----------------|-------|
| V ① Stasik 14.1 | ③ Bentrim 12.9 | Total |
| ② Lambert 13.4 | ④ French 12.6 | 53.47 |
| JV ① | ⑤ | |
| ② | ④ | |

400 meter

- | | | |
|--------------------|----------------|---------------|
| ① Frank 1:17 | ③ Trainor 1:15 | ⑤ Norris 72 |
| ② Fitzsimmons 1:22 | ④ Novak 1:15 | ⑥ Barich 1:21 |

300 hurdles

- | | |
|-----------------|---|
| ① Lambert 51.8 | ④ |
| ② Schachel 56.2 | ⑤ |
| ③ | ⑥ |

800 meter

- | | |
|---|---|
| ① | ④ |
| ② | ⑤ |
| ③ | ⑥ |

200 meter

- | | |
|------------------|------------------|
| ① Borders 36.6 | ⑦ Stasik 28.9 |
| ② Walsch 35.2 | ⑧ Stenstrom 33.5 |
| ③ Frischman 31.4 | ⑨ |
| ④ Butovac 31.62 | ⑩ |
| ⑤ Omscheid 35.8 | ⑪ |
| ⑥ Dunser 34.2 | ⑫ |

3200 meter

- ① Stanislawski 12:42 ②

4x400 relay

- | | | |
|-----------------|-----------------|--------|
| ① M. White 68.9 | ③ Rust 73.6 | Total |
| ② Holium 70.5 | ④ S. White 72.7 | 4:15.9 |

Long Jump

High Jump

Shot

Disc

- | | | | |
|-----------------|----------------|---------------|-------------|
| ① Stasik 14.5 | ① Rust 4'4" | ① West 36"11" | ① Pele 123' |
| ② Barich 10'10" | ② Bentrim 5'0" | ② Roper 28.6" | ② West 81' |
| ③ Borders 9.9' | ③ Rust 4'4" | ③ Garcia | ③ Annick |
| ④ | | ④ Jameson | |
| ⑤ | | ⑤ | |

IRONDALE GIRL'S TRACK
 IRONDALE VS. COL. HGTS. BLAINE No. ST. PAUL ST. FRANCIS
 AT MVHS DATE 4-12-90 OPEN 7-5-3-2-1
 RELAY 7-5-3-2

EVENT	1ST	2ND	3RD	4TH	5TH	6TH	B/L	CH	LR	PSP	SF.	
X 800 m. Relay	NSP 10:48.83 St. Francis Sorrell 15.24	Irondale 11:14.07 St. Francis Wagner 18.20	St. Francis 11:26.49 NSP Nguyen 18.39	Blaine 11:49.31 Irondale Phaulding 19.53	St. Francis Hall 19.53		2	0	0	5	7	3
100 m. H. Hurdles	Blaine 13.16 Lumpert	St. Francis 13.20 Petty	Blaine 13.5 Frentz	NSP 14.11 Nempe	Irondale 13.41 Pultrigg		2	0	0	7	2	3
100 m. Dash	St. Francis 13.16	Irondale 13.20	NSP 13.5	Blaine 14.11	Columbia Hts. 13.41		12	0	0	9	2	1
X 200 m. Relay	2:01.56 St. Francis Klum 5:24.11	2:05.47 St. Francis Soren 4:42.11	2:07.31 St. Francis Magnuson 4:42.11	2:02.11 Blaine Petty 4:42.11	2:07.42 NSP Wilson 4:42.11		14	0	0	14	5	3
1600 m. Run	Blaine 5:24.11	St. Francis 5:24.11	Irondale 5:24.11	NSP 5:24.11	St. Francis 5:24.11		16	0	0	14	0	15
X 100 m. Relay	53.42 St. Francis Gard	53.97 Irondale Gard	55.41 Irondale Gard	57.97 St. Francis Gard	Columbia Hts. 57.97		25	0	0	17	3	5
400 m. Dash	St. Francis 47.92	Irondale 47.92	Irondale 47.92	St. Francis 47.92	Columbia Hts. 47.92		23	0	1	25	8	9
300 m. L. Hurdles	St. Francis 47.92	Irondale 47.92	Irondale 47.92	St. Francis 47.92	Columbia Hts. 47.92		5	0	0	5	0	3
800 m. Run	Irondale 1:11.15	NSP 1:11.15	St. Francis 1:11.15	NSP 1:11.15	St. Francis 1:11.15		28	1	0	30	5	17
200 m. Dash	2:40.53 St. Francis Parker	2:41.15 Columbia Hts. Salinas	2:47.07 Blaine Storck	NSP 2:47.07	NSP 2:47.07		0	0	0	7	2	3
3200 m. Run	St. Francis 13:34.17	Blaine 13:34.20	St. Francis 13:34.73	Irondale 13:34.73	Irondale 13:34.73		31	0	5	40	3	76
X 400 m. Relay	4:34.97 Blaine 1:11.15	4:36.12 Irondale Ward	4:46.33 NSP Sorenson	4:47.43 Irondale Ward	St. Francis 4:47.43		30	0	2	43	3	25
Shot	Blaine 34.11	Irondale 34.11	NSP 34.11	Irondale 34.11	St. Francis 34.11		39	8	50	7	25	71
Discus	Blaine 102.73	Irondale 102.73	St. Francis 102.73	NSP 102.73	St. Francis 102.73		46	0	57	7	3	12
Long Jump	Blaine 16' 1/2"	St. Francis 15'	Irondale 15'	Blaine 14' 5 1/2"	St. Francis 14' 5 1/2"		53	2	63	6	2	3
High Jump	Blaine 5' 0"	Columbia Hts. 5' 4 1/2"	Irondale 5' 4 1/2"	NSP 5' 4 1/2"	Blaine 5' 4 1/2"		55	10	69	6	20	5

Totino Grace Invite Fri April 20th
 2 Grace, De La Salle, Blaine 3

4x800 relay

① Stanislawski 2:37 ③ Keefe 2:50 Total:
 ② Schachel: 2:50 ④ Novak 2:54 11:12

100 H

① Walsh 20.3

200 meter

① Lambert 27.68 ⑤ Peterson 30.9
 ② Stasik 28.4 ⑥ M. White 30.4
 ③ Lindquist 30.1 ⑦ S. White 31.9
 ④ Rust 31.47 ⑧ Stenstrom 32.0

100 meter

① French 13.8 ⑤ Frank 14.4 ⑨ Borders 16.3
 ② Lambert 13.1 ⑥ Rust 14.6
 ③ Lindquist 14.1 ⑦ Peterson 14.7
 ④ Duax: 16.7 ⑧ Stasik: 13.5

Long Jump: Stasik: 16'0", Borders: 12'7", Lindquist 13'6", Butorac 13'4", Duax 7'1"

4x200 relay

① Butorac ③ Frischmon
 ② Olmscheid ④ Stenstrom

High Jump: Rust: 4'0", Frank 4'0"

1600 m.

① Stanislawski 5:50

4x400 relay

Total (4:46)
 ① M. White 69.5 ③ Keef 71.0
 ② Holm 71.6 ④ S. White 72.0

4x100 relay

① Peterson 14.9 ③ Lambert 12.6 Total
 ② Stasik 13.4 ④ French 12.8 53.8

400 meter

① Norris 71.9

800 meter

① Nagill 2:57 ③ Bushue: 3:00
 ② Moore 3:00 ④ Witschen: 3:03
 ⑤ Crain 3:06

Shot Put

① West 36'2"
 ② Royer 33'1"
 ③ Jameson 26'10 1/2"
 ④ Amick 26'10 3/4"
 ⑤ Olson 26'0"
 ⑥ Garcia 24'10"

DISCUS

① Pete 102'1"
 ② Royer 83' 1/2"
 ③ West 75'4 1/4"
 ④ Jameson 73'4"
 ⑤ Garcia 54'4"
 ⑥ Amick 62'3"
 ⑦ Olson 68'6 1/4"

GIRLS

MEET SITE: Totino Grace w/ Blaine & De La Sella

MEET DATE: 4-20-90

PLACES WRITTEN	SCORING:				relay 5-3		
	5	3	2	1	SCORING: Girls		
	1ST	2ND	3rd	4th	Blaine	T.G.	DeLaSella
4 X 800 M	B 11:42.3	TG 11:30.4	D 11:44.8		5/5	1/1	0/0
100 M .HM	O'Keefe 17.1	Waisak 20.3	Frank 23.7				
100 M	Richter 12.3	Aambert 13.2	Dick 13.3	Stasiek 13.6	3/8	7/8	0/0
4 X 200 M	TG 1:54.5	D 2:02.8	B 2:09.5		4/12	5/13	2/2
1600 M	Stasiek 5:50.7	Dunlap 6:39.5	Eric 6:46.2	Krueger 7:10.2	0/12	5/18	1/3
4 X 100 M	TG 52.2	B 54.0			5/17	4/22	2/5
400 M	Goodall 67.2	Johnson 69.2	Norris 72.7	Mosley 73.0	1/18	5/27	0/5
300 M BH L	O'Keefe 57.7	Frank 65.4			2/20	6/33	3/8
800 M	McGill 2:52.1	Moore 3:01.2	Bushy 3:01.5	Frank 3:03.7	0/20	8/41	0/8
200 M	Richter 25.9	Lambert 27.5	Stasiek 28.5	Trempa 29.5	10/20	1/42	0/8
3200 M	Krueger 15:10.7				5/35	6/48	0/8
4 X 400 M	TG 4:34.7	D 4:41.1	(B) (4:48.5)		0/35	0/48	5/13
DISCUS	102'1 Richter	94'1 Fleming	83'1/2 Kayer	79'9" Mertz	0/35	5/53	1/14
HIGH JUMP	4'8" Richter	4'6" Gabel	4'6" Richter		7/42	4/57	0/14
LONG JUMP	16'2" Richter	16'0" Stasiek	14'11" Trempe	14'7" Malone	10/52	1/58	0/14
SHOT PUT	36'10" Fleming	36'2" Walt	35'1" Kayer	29'7" Kayer	3/55	8/66	0/14
					5/60	6/72	0/14
					60	72	14

White Bear Quad Meet Tues April 24th
 E.W. Bear, Still, M. View, Blaine

4x800 relay

Novak 2:55
 Keefe 2:37 Total
 Schachel 2:53
 Stanislawski 2:37

(11:03)

100 M H

Walsh 19.6

100M

French 13.4 Stasik 13.
 Rainville 13.5 Becky 15.5
 Cross 14.7 Stacy 14.7
 Frank 14.3 Stenstrom 15

4x200 relay

Tot: Frischmon 29.9 Bonin 30.1
 Peterson 30.2 Stenstrom 32 Frischmon —

1600 M

Witschen 6:59

4x100 relay

Tot: Stasik 13.3 Bentrim 13.1
 53.4 Lambert 12.8 French 13.0

400 M

Rust 75.5

Hoiun 69.8

300 M H

Lambert 49.8

3200M

Stanislawski

800 M

Bushie 2:53

Keefe 2:36

Novak 2:55

Magill 2:59

Crain 3:00

Moore 2:46

Rainville 2:42

200 M

Stasik 29.2 Frisch 30

Lindquist 30.1 Duax 35

Butorac 31.4 Neils 35

Jesse 33.2 Walsh 3

4x400 relay

Tot: 4:44 M. White 70.6 Lambert 67.5 Norris 71.9 S. White 73.0

Long Jump

Butorac 19'4"

Tara 18'4"

Barich 18'2"

Stasik 15'3"

Rainville 14'3"

High Jump

Bentrim 5'2"

Rust 4'4"

Frank 4'4"

Shot

West 33'1 1/2"

Royer 32'3"

Amick 26'6 1/2"

Jameson 27'2"

Olson 25'8"

Girls Varsity	1st	2nd	3rd	4th	5th	Bl.	MV	St.	W.B.
4x 800 M. Dash	Stillwater 10:29.62	Mounds View 10:46.26	Blaine 11:03.68	W.B.L. 11:14		2	4	6	0
100 M. Hurdle	Kasun 16.45	Stachel 17.97	Baldt 17.85	Benson 17.99	Meisterling St. 18.22	0	9	7	0
100 M. Dash	Radenrecher 13.91	Hargreaver 13.31	Hamilton 13.52	Brunn 13.40	Rainville Bl. 14.50	1	6	6	3
4x 200m. Relay	W.B.L. 1:51.97	STILLWATER 1:54.76	BLAINE 2:02.88			2	5	4	6
100 M. Dash	DYBDAL 5:35.56	VENIZE 5:35.57	KOLER 5:40	ANDERSON 6:05	POLJU N.Y. 6:08	0	5	3	10
4x 100 m. Relay	STILLWATER 52.91	BLAINE 53.55	W.B.L. 54.59	W.B.L. 54.70		4	9	6	2
400 M. Dash	Laudon 1:06.66	Johnson 1:06.87	Johnson 1:08.09	Holtum 1:10.15	Daufrinbach St. 1:10.13	1	5	10	0
300 M. Low Hurdles	HADGRADER 47.60	LAMBERT 49.72	DENSON 51.62	STAELEH 52.82	MEISTELING St. 52.73	4	5	7	0
800 M. Dash	SCHREIBER 2:26.72	BASELBERGER 2:27	CUFF 2:31	SOLEN 2:36	KEEFE Bl. 2:36	1	4	2	1
HIGH JUMP	BERTRIM Bl. 5'2"	ALLARD Bl. 5'0"	SHEIB Bl. 4'10"	GILBERTSON Bl. 4'10"	STAHL St. 4'10"	6	0	5	5
LONG JUMP	BETHANY 17'24"	STACIL Bl. 15'3"	LYNCH Bl. 15'24"	JOHNSON St. 1'11"	HAMILTON N.B.L. 1'10 1/4"	4	6	2	4
SHOT PUT	ANDERSON 24'13 1/2"	WEST Bl. 33'11 1/2"	ROONEY Bl. 24'1 1/2"	MAGEE St. 24'3/4"	OLSON St. 32'3"	1	6	2	3
200 M. DASH	JOHNSON 28.20	PARKER M.V. 28.40	STUDER M.P.L. 28.72	MORISON St. 29.12	ARLT M.V. 29.13	0	5	2	7
3200 M. Run	Stanislawski 12:45.36	Danielson St. 12:57	Mampa Bl. 13:01	Jacobske Bl. 13:19	Dryke M.V. 13:36	6	1	4	5
4x 400m. Relay	MV 4:20.87	W.B. 4:24.8	St. 4:31.0	Bl. 4:44.4		0	6	2	4
Discus	Cancelled	-Rained out							
		W. Bear	Quad	April	24th				

ABC Meet: Thurs. April 26th

<u>High Jump</u>	<u>Long Jump</u>	<u>Shot</u>	<u>DISC</u>
Bertram: 5'2"	Stasik: 14'3	West 35'2	—
Stein: 4'4"	Barich: 11'7	Pete:	104'4"
Sprague: —	Duax: 8'4	Royer: 32'0	
Rust: —	Magill: 12'7	Jameson: 27'9	78'9
Frank: —	Rainville: 12'11	Olson 26'11	
	Lindquist: 12'2	Amick 26'10	74'8"
		Garcia 23'8	55'8

<u>100H</u>	<u>100M</u>	<u>Hydrorelay</u>
Karen: w. 19.9	Frank 14.2	Lindquist 28.7
	Meils 16.0	Norris 32.7
	Rainville: 13.4	Olmscheid 29.9
	Schneider: 15.5	Stenstrom 32.0
	Duax: 16.2	Total (2:04)
	Cross 14.3	

<u>1600m</u>
Moore

<u>400m.</u>
Rust 74.1
Norris 71.1
Bushey 71.3
Magill 73.7
Stenstrom 75.1

<u>800m</u>
Barich 3:00.2
Crane 3:00.3

<u>200m</u>
Bonin 31.75
Stenstrom 29.5
Rainville 29.3
Sprague 31.3

MEET INFORMATION	
ABC	CR
DATE: 11/28/88	CLASS: 3
MEET: 11/28/88	NUMBER OF TEAMS: 3
CONTESTS:	TEAMS:
NOTES:	TEAM RESULTS:

EVENT	TEAM	PLACE					
		1	2	3	4	5	6

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
3	0	0	1	4	2	0	5	0	0	1	0	0	0	0
0	3	0	0	1	4	2	0	5	0	0	1	0	0	0
1	4	2	0	5	0	0	1	0	0	1	0	0	0	0
3	0	0	1	4	2	0	5	0	0	1	0	0	0	0
8	0	0	1	4	2	0	5	0	0	1	0	0	0	0
15	2	0	1	4	2	0	5	0	0	1	0	0	0	0
3	0	0	1	4	2	0	5	0	0	1	0	0	0	0
18	2	0	1	4	2	0	5	0	0	1	0	0	0	0
3	0	0	1	4	2	0	5	0	0	1	0	0	0	0
21	2	0	1	4	2	0	5	0	0	1	0	0	0	0
3	0	0	1	4	2	0	5	0	0	1	0	0	0	0
21	2	0	1	4	2	0	5	0	0	1	0	0	0	0
0	0	0	1	4	2	0	5	0	0	1	0	0	0	0
0	0	0	1	4	2	0	5	0	0	1	0	0	0	0
5	0	0	1	4	2	0	5	0	0	1	0	0	0	0
29	2	0	1	4	2	0	5	0	0	1	0	0	0	0
3	0	0	1	4	2	0	5	0	0	1	0	0	0	0
33	2	0	1	4	2	0	5	0	0	1	0	0	0	0
5	0	0	1	4	2	0	5	0	0	1	0	0	0	0
5	0	0	1	4	2	0	5	0	0	1	0	0	0	0
1	4	2	0	5	0	0	1	0	0	1	0	0	0	0
0	0	0	1	4	2	0	5	0	0	1	0	0	0	0
0	0	0	1	4	2	0	5	0	0	1	0	0	0	0
4	10	0	1	4	2	0	5	0	0	1	0	0	0	0
0	0	0	1	4	2	0	5	0	0	1	0	0	0	0

EVENT	TEAM	PLACE					
		1	2	3	4	5	6
4x500	CR	A					
100	CR	11:30	10:30	10:30	10:30	10:30	10:30
100	CR	10:30	10:30	10:30	10:30	10:30	10:30
100	CR	10:30	10:30	10:30	10:30	10:30	10:30
1600	CR	10:30	10:30	10:30	10:30	10:30	10:30
4x100	CR	10:30	10:30	10:30	10:30	10:30	10:30
400	CR	10:30	10:30	10:30	10:30	10:30	10:30
300	CR	10:30	10:30	10:30	10:30	10:30	10:30
800	CR	10:30	10:30	10:30	10:30	10:30	10:30
200	CR	10:30	10:30	10:30	10:30	10:30	10:30
3200	CR	10:30	10:30	10:30	10:30	10:30	10:30
4x400	CR	10:30	10:30	10:30	10:30	10:30	10:30
Disc	CR	10:30	10:30	10:30	10:30	10:30	10:30
High Jump	CR	10:30	10:30	10:30	10:30	10:30	10:30
Shot Put	CR	10:30	10:30	10:30	10:30	10:30	10:30

Minnetonka Invite 4-30-90 Mon.

Minnetonka, Hopkins, Blaine, Rosemont, Chaska

High Jump

*Bentrim: 5'3"
tied meet record!
Rust: 4'4"
Frank: —

Shot (2nd) Disc (2nd)

West: 36'3" 84'
Royer 34'0" 79"11"
Pete: 96'3"
Amick: 27'8"
Jameson: 28'0" 71'4"

100M H

Walsh 20.1

100M

4x 800 relay (3rd)

Stanislawski 2:42
Keefe: 2:52
Moore: 2:48
Novak: 2:48

Total:
11:12.5

French: 14.17

Stasik: 14.14, 14.19^(6th)

4x 100 relay (3rd)

Lisa Stasik: 14.3
Lambert: 12.7
Bentrim: 14.3
French: 12.9

Total:
54.1

1600M

Stanislawski: 5:50
Trainor: 6:43
Crain: 6:57

300 H

Lambert: 50.3^(2nd)
Bushie: 61.4

400M

Stein 66.1^(4th)
Hoium 69.1
M. White 71.6

800M

Novak: 2:47^(4th)
Magill: 2:56

3200M (5th)

Keefe: 13.33.0

4x 400 relay (5th)

M. White 70.1
Hoium 69.6
S. White 74.8
Stein 67.2

Total:
4:43.9

Girls
4/30/90

Girls
4/30/90

Girls
4/30/90

Girls
4/30/90

Girls
4/30/90

Girls
4/30/90

Girls
4/30/90

Girls
4/30/90

Girls
4/30/90

Girls METRA INVITATIONAL
4/30/90

SUMMARY

NOTE: Enter total team points in upper section and total standing score in lower section of score box.

EVENT	DISTANCE	HEIGHT	TIME	FIRST PLACE POINTS		SECOND PLACE POINTS		THIRD PLACE POINTS		FOURTH PLACE POINTS		FIFTH PLACE POINTS		SIXTH PLACE POINTS		TONKA	HOPKINS	BLAINE	ROSEMOUNT	CHASKA
				COMPETITOR	SCORE	COMPETITOR	SCORE	COMPETITOR	SCORE	COMPETITOR	SCORE	COMPETITOR	SCORE	COMPETITOR	SCORE					
4100				Rosemount	11:10.81	Hopkins	11:11.27	Blaine	11:12.51	Tonka	11:25.31	Chaska	11:57.52	Cairns	14:16	14	10	10	10	10
4100 Jump				Bertam	5'3"	Bertam	5'3"	Theris	4'10"	Askary	4'10"	Goske	4'9"	Goske	4'9"	54	10	10	10	10
4100 Hurdles				Nelson	16:38	Pumpkin	17:20	Hera	17:74	Dunson	18:32	Larso	18:11	Myskowitz	18:52	11	10	10	10	10
4100 Dash				Anderson	13:01	Wood	13:06	Doubek	13:73	Brooking	15:90	Find	16:06:28	Stasik	14:16	13	10	10	10	10
4100 Run				Stonkowski	5:52:49	Moore	5:53:23	Farris	5:52:46	Hilshorn	5:56:20	Find	16:06:28	Bauman	16:11:18	15	10	10	10	10
4100 Hurd				Hopkins	53:43	Tonka	53:52	Blaine	54:06	Rosemount	54:33	Chaska	55:74	Grey	12:04	10	10	10	10	10
4100 Dash				Anderson	15:14	Naltres	14:57	Henner	14:28	Nelson	13:06	Colwell	12:11	Grey	12:04	10	10	10	10	10
4100 Jump				Bottach	1:02:28	Miller	1:01:56	Bohace	1:00:31	Steno	1:07:01	Rebelem	1:07:07	Ashworth	1:07:77	10	10	10	10	10
4100 Dash				Tonka	3:00.7	Rosemount	3:00.8	Blaine	3:08.7	Chaska	3:06.7	Hopkins	3:10.6	Hopkins	3:10.6	10	10	10	10	10
4100 Hurd				Tonka	1:27.35	Blaine	1:25.11	Rosemount	1:25.33	Hopkins	1:27.14	Chaska	1:26.7	Hopkins	1:26.7	10	10	10	10	10
4100 Run				Nelson	1:49:04	Lambert	1:50:33	Pumpkin	1:52:17	Nelson, A.	1:52:31	Larson, J.	1:53:57	Hera	1:53:77	14	10	10	10	10
4100 Dash				Hegel	2:31:07	Banzhof	2:32:33	Ashworth	2:33:44	Norak	2:47:24	Nolar	2:47:52	Guinard	2:47:22	18	10	10	10	10
4100 Jump				Assiani	28:46	Farris	27:11	TRAN	27	Wulson	26:22	Macy	26:52	Fleener	25:7	16	10	10	10	10
4100 Dash				Anderson	26:05	Corratt	26:27	Anderson	28:29	Fosson	28:97	McDonald	28:05	McKel	28:84	14	10	10	10	10
4100 Run				Zweig	12:40:28	Farris	12:37:41	Johnson	12:41:74	McLeod	13:28:28	Keck	13:37:28	Lansky	13:37:28	17	10	10	10	10
4100 Hurd				Hopkins	11:22:04	Tonka	11:22:35	Chaska	11:27:41	Rosemount	11:43:05	Blaine	11:44:46	Blaine	11:44:46	200	10	10	10	10
																260	76	54	4	84
																1	3	4	5	2

TOTAL TEAM POINTS

TEAM STANDINGS

Hamline Relays May 5th Sat.

<u>Shot</u>	<u>DISC</u>	<u>Long Jump</u>	<u>High Jump</u>
West 33 3/4	96'3"	French 15'5"	Bentrim 5'0"
Royer 29'11"	79'	Stasik 14'10"	Frank 4'0"
Olson 27'3"	Pete 109'3"	Rainville 15'3"	Rust 4'0"

<u>100M</u>	<u>100 M</u>	<u>400M</u>
Walsh 19.3	French 13.1, 14.1	Stein 63.6
	Lambert 12.9, 13.9	Hoium 64.5

<u>4x800 relay</u>	<u>4x400 relay</u>	<u>4x200 relay</u>
Total 10:31 Stanislowski 2:30	S. White 68.4	Total Frischmon 29.2
Keefe 2:38	Total J. Hoium 64.1	Lindquist 28.7
Schachel 2:44	4:33 S. Magill 68.3	Peterson 29.2
Novak 2:37	M. White 72.8	Smalkoski 34.1

<u>4x100 relay</u>	<u>1600SM relay</u>	<u>800SM relay</u>	
Total 51.9 Stasik 13.3	tot. Rainville 27.9	French 13.5	Total 1:54
Lambert 12.7	4:44 Frischmon 29.7	Stasik 13.5	
Bentrim 13.0	Stanislowski 65.4	Rainville 26.4	
French 12.9	Bushie 2:41	Stein 62.8	

<u>800M</u>	<u>200M</u>	<u>1600M</u>	<u>300M</u>
Moore 2:41	Stasik 27.7	Keefe 5:53	Lambert 50.1
	Rainville 27.4	Stanislowski 5:35	

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 1000M RELAY
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	HIS	SEC
1	100	104	106	106	106	ROSEVILLE AREA	10.00	4	20.10
2	100	100	100	100	100	MINNETONKA	0.00	4	10.97
3	104	104	104	104	104	IRONDALE	0.00	4	20.70
4	100	100	100	100	100	ROCHESTER MAYO	0.00	4	20.10
5	102	102	102	102	102	BRAINERD	0.00	4	22.12
6	107	107	107	107	107	HIGHLAND PARK	0.00	4	21.01

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 2000M RELAY
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	HIS	SEC
1	100	100	100	100	100	ROSEVILLE AREA	10.00	9	50.46
2	100	100	100	100	100	MINNETONKA	0.00	10	24.00
3	102	102	102	102	102	BLAINE	0.00	10	31.42
4	102	102	102	102	102	BRAINERD	0.00	10	28.20
5	104	104	104	104	104	IRONDALE	0.00	10	34.12
6	100	100	100	100	100	ROCHESTER MAYO	0.00	11	29.20
7	107	107	107	107	107	HIGHLAND PARK	0.00	0	00.00

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 1000M SPRINT
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	HIS	SEC
1	100	100	100	100	100	ROSEVILLE AREA	10.00	4	27.00
2	100	100	100	100	100	ROCHESTER MAYO	0.00	4	40.00
3	100	100	100	100	100	BLAINE	0.00	4	44.20
4	104	104	104	104	104	IRONDALE	0.00	4	40.14
5	102	102	102	102	102	BRAINERD	0.00	4	49.22

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 500M SPRINT
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	HIS	SEC
1	100	100	100	100	100	ROSEVILLE AREA	10.00	1	00.10
2	102	102	102	102	102	BRAINERD	0.00	1	00.46
3	102	102	102	102	102	BLAINE	0.00	1	00.90
4	107	107	107	107	107	HIGHLAND PARK	0.00	1	07.00
5	104	104	104	104	104	IRONDALE	0.00	1	00.00
6	100	100	100	100	100	ROCHESTER MAYO	0.00	1	00.00
7	100	100	100	100	100	MINNETONKA	0.00	0	00.00

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS FINAL RESULTS HAMLIN RELAYS

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY SHOT
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	FEET	INCH
1	111	111	111	111	111	JERGEN, BRITNEY	10.00	20	2.00*
2	07	07	07	07	07	VORDEL, BRITNEY	0.00	20	4.00*
3	107	107	107	107	107	HOPPER, TRACY	0.00	27	1.00*
4	110	110	110	110	110	HUCKLE, JULIE	0.00	20	0.00*
5	00	00	00	00	00	BLAINE	0.00	20	0.00*
6	00	00	00	00	00	HIGHTON, SARAH	0.00	20	0.00*
7	00	00	00	00	00	HIGHTON, SARAH	0.00	20	0.00*

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 200M
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	FEET	INCH
1	111	111	111	111	111	JERGEN, BRITNEY	10.00	119	11.00*
2	100	100	100	100	100	LARSON, NICHELLE	0.00	117	2.00*
3	110	110	110	110	110	HUCKLE, JULIE	0.00	110	0.00*
4	00	00	00	00	00	PETERSON, JANELLA	0.00	100	3.00*
5	00	00	00	00	00	LARSON, CHRIS	0.00	109	1.00*
6	107	107	107	107	107	HOPPER, TRACY	0.00	106	0.00*

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 400M JUMP
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	FEET	INCH
1	100	100	100	100	100	ANDERSON, TONYA	10.00	10	10.20*
2	00	00	00	00	00	WACK, COLLEN	0.00	10	4.70*
3	102	102	102	102	102	BARNER, MERRI	0.00	10	1.00*
4	100	100	100	100	100	HEWITT, CHRISTY	0.00	10	1.20*
5	11	11	11	11	11	JENSEN, LIZ	0.00	10	11.00*
6	100	100	100	100	100	HUNT, NICHELLE	0.00	10	10.00*

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 800M JUMP
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	FEET	INCH
1	00	00	00	00	00	BLAINE	10.00	0	0.00*
2	00	00	00	00	00	BLAINE	0.00	0	0.00*
3	101	101	101	101	101	WILKINSON, NICKI	0.00	0	0.00*
4	107	107	107	107	107	HEWITT, CHRISTY	0.00	0	0.00*
5	107	107	107	107	107	HEWITT, CHRISTY	0.00	0	0.00*
6	00	00	00	00	00	BLAINE	0.00	0	0.00*
7	107	107	107	107	107	HEWITT, CHRISTY	0.00	0	0.00*
8	00	00	00	00	00	BLAINE	0.00	0	0.00*

SCORE FOR GIRLS VARSITY THROUGH 10 EVENTS

- ROSEVILLE AREA 180.00
- MINNETONKA 150.00
- IRONDALE 60.00
- BRAINERD 87.00
- BLAINE 47.00
- ROCHESTER MAYO 40.00
- HIGHLAND PARK 0.00

*Hamline Relays
May 5th Sat.*

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 100M HURDLES
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	HIS	SEC
1	100	100	100	100	100	ROSEVILLE AREA	10.00	0	10.00
2	102	102	102	102	102	BRAINERD	0.00	0	10.00
3	102	102	102	102	102	BLAINE	0.00	0	17.32
4	107	107	107	107	107	HIGHLAND PARK	0.00	0	17.32
5	104	104	104	104	104	IRONDALE	0.00	0	18.00
6	100	100	100	100	100	ROCHESTER MAYO	0.00	0	18.00

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 200M HURDLES
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	HIS	SEC
1	100	100	100	100	100	ROSEVILLE AREA	10.00	0	10.00
2	100	100	100	100	100	MINNETONKA	0.00	0	10.00
3	00	00	00	00	00	BRAINERD	0.00	0	10.00
4	100	100	100	100	100	ROCHESTER MAYO	0.00	0	10.00
5	100	100	100	100	100	BLAINE	0.00	0	10.00
6	100	100	100	100	100	MINNETONKA	0.00	0	10.00

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 400M HURDLES
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	HIS	SEC
1	70	70	70	70	70	CONICE, AMY	10.00	0	00.14
2	100	100	100	100	100	ROSEVILLE AREA	0.00	0	00.43
3	107	107	107	107	107	HIGHLAND PARK	0.00	0	01.12
4	00	00	00	00	00	BLAINE	0.00	0	01.77
5	104	104	104	104	104	IRONDALE	0.00	0	04.70
6	00	00	00	00	00	BLAINE	0.00	0	07.00

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 800M HURDLES
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	HIS	SEC
1	100	100	100	100	100	ROSEVILLE AREA	10.00	0	20.00
2	100	100	100	100	100	MINNETONKA	0.00	0	20.00
3	103	103	103	103	103	BLAINE	0.00	0	27.00
4	100	100	100	100	100	ROCHESTER MAYO	0.00	0	27.00
5	00	00	00	00	00	BLAINE	0.00	0	27.00
6	00	00	00	00	00	BLAINE	0.00	0	27.00

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 1000M HURDLES
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	HIS	SEC
1	100	100	100	100	100	ROSEVILLE AREA	10.00	0	10.00
2	100	100	100	100	100	MINNETONKA	0.00	0	11.04
3	100	100	100	100	100	MINNETONKA	0.00	0	00.01
4	100	100	100	100	100	MINNETONKA	0.00	0	25.00
5	100	100	100	100	100	ROCHESTER MAYO	0.00	0	00.00
6	00	00	00	00	00	BLAINE	0.00	0	00.00

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 500 METER
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	HIS	SEC
1	107	107	107	107	107	CAVE, SARAH	10.00	2	20.00
2	104	104	104	104	104	BARBER, NATIE	0.00	2	20.70
3	107	107	107	107	107	HEWITT, CHRISTY	0.00	2	27.00
4	00	00	00	00	00	BLAINE	0.00	2	20.00
5	100	100	100	100	100	ROSEVILLE AREA	0.00	2	40.23
6	00	00	00	00	00	BLAINE	0.00	2	40.00

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 1000 METER
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	HIS	SEC
1	100	100	100	100	100	ROSEVILLE AREA	10.00	1	10.20
2	110	110	110	110	110	WILKINSON, NICKI	0.00	1	10.00
3	100	100	100	100	100	MINNETONKA	0.00	1	10.00
4	100	100	100	100	100	ROSEVILLE AREA	0.00	1	10.00
5	00	00	00	00	00	BLAINE	0.00	1	10.00
6	100	100	100	100	100	ROCHESTER MAYO	0.00	1	10.00

HAMLIN UNIV. - HAMLIN RELAYS
GIRLS VARSITY 2000 METER
GIRLS FINAL RESULTS HAMLIN RELAYS

PLACE	CONFS	CONFS	CONFS	CONFS	CONFS	TEAM	POINTS	HIS	SEC
1	100	100	100	100	100	ROSEVILLE AREA	10.00	0	00.10
2									

True State Meet May 8th 1990.

True Team List
5 M 04 - 90

① 4x2000		② 4x2000	
1. Corn Poppe	10:25.2	8. H. Hargraves	ST 13:21
2. Silk Ruler	10:12.19	6. A. S. Mad	AN 13:28
3. Stillwater	10:22.82	7. C. S. Brown	ER 13:26
4. Anoka	10:26.12	8. J. Shust	IL 13:21
5. Forest Lake	10:25.81	9. J. Smith	IL 13:26
6. Blair	10:21.20	10. A. Larson	CR 13:28
		11. L. Simpson	FL 13:27
		12. L. Heath	FL 13:25
③ 4x2000		④ 4x2000	
1. V. Gilman	FR 15:26	1. Forest Lake	15:28.2
2. N. Evans	ST 15:57	2. Silk Ruler	15:19.2
3. J. Fisher	ER 16:13	3. Stillwater	15:21.2
4. S. Adams	CR 16:25	4. Blair	15:21.5
5. J. Lutzke	FL 16:29	5. ---	---
6. S. Allard	ST 16:51	6. ---	---
7. S. Adams	AN 17:04		
8. K. Stenberg	FL 17:39		
9. L. Mullen	FL 18:35	⑤ 1600m Team Run	
10. N. Rogers	AN 19:22	1. L. Watson	AN 5:22.05
11. K. Welch	IL 19:52	2. K. Brown	CR 5:28.3
12. K. Lambert	IL 20:41	3. C. Chen	CR 5:28.33
		4. L. Katz	ER 5:28.29
⑥ 1600m Team Run		5. K. Connor	AN 5:28.89
1. H. Skowronski	CR 5:47	6. C. Chen	CR 5:28.45
2. C. Knott	FL 5:54	7. T. Sider	ST 5:28.55
3. A. Taylor	ST 5:52	8. T. Olson	IL 5:28.74
4. T. Rutzow	AN 5:50	9. R. Lutz	IL 5:29.73

⑦ 4x2000		⑧ 4x2000	
10. S. Brown	ST 13:19.2	1. K. Lambert	IL 17:45
11. J. Panich	BE 13:21.57	2. L. Hargraves	ST 17:41
12. L. Conin	FL 13:21.4	3. L. Hargraves	ST 17:41
		4. W. Gilman	FR 17:47
⑨ 4x2000		⑩ 4x2000	
1. Stillwater	52:70	1. J. Skowronski	AN 2:15.25
2. Elk River	52:17	2. S. Adams	CR 2:15.47
3. Corn Rapids	52:44	3. K. Brown	ER 2:15.24
4. Anoka	54:29	4. C. Chen	CR 2:15.29
5. Forest Lake	54:40	5. P. Holt	FL 2:15.29
6. Blair	54:28	6. C. Adams	CR 2:15.45
		7. H. Mullen	ST 2:15.51
		8. J. Lutzke	IL 2:15.91
		9. H. Sumner	AN 2:16.21
		10. P. Skowronski	FL 2:16.51
		11. S. Allard	ST 2:16.55
		12. P. Blank	IL 2:17.10

⑪ 800m Team Run		⑫ 1600m Team Run	
1. C. Knott	FL 20:07	1. Silk Ruler	4:12.27
2. N. Stronchi	CR 20:46	2. Stillwater	4:12.77
3. R. Anderson	FL 21:58	3. Anoka	4:14.4
4. T. Rutzow	AN 22:24	4. Blair	4:15.51
5. N. Evans	ST 22:34	5. Forest Lake	4:21.00
6. S. Bandy	ER 22:48	6. Corn Rapids	4:21.25
7. J. Binski	ER 22:57		
8. S. Schind	CR 23:21	⑬ 800m Team Run	
9. J. Shust	IL 23:28	1. M. Sumner	AN 4:1
10. S. Hillard	AN 23:41	2. H. Shultz	CR 3:52
11. H. Kavan	ST 23:55	3. A. West	FL 3:59
12. B. White	IL 24:19	4. K. Lambert	CR 3:59
		5. V. Magee	ST 3:58
⑭ 800m Team Run		6. J. Chen	ST 3:58
1. H. Skowronski	IL 13:13.25	7. K. Bachmann	AN 3:59
2. H. Skowronski	CR 13:16.70	8. J. Clark	AN 3:59
3. J. Fisher	ST 13:23.74	9. S. Allard	CR 3:58
4. L. Katz	ER 13:28.24	10. A. DeKrom	FL 3:58
5. A. Dami	CR 13:31.16	11. J. Kavan	FL 3:58
6. R. Golen	AN 13:31.30	12. R. Hargraves	FL 3:57
7. M. Galloway	ST 13:32.70		
8. F. Casati	FL 13:37.40		
9. K. Connor	ER 13:41.41		
10. T. Galloway	FL 13:43.17		
11. G. Brown	AN 13:44.85		
12. ---			

⑯ 800m Team Run		⑰ 800m Team Run	
1. Swanson	CR 10:4	1. P. Skowronski	CR 5:4
2. Kutzow	CR 10:4	2. C. Skowronski	CR 5:3
3. Magee	ST 9:8	3. C. Allard	ST 4:3
4. Shultz	ER 9:11	4. A. Taylor	ST 5:3
5. White	ER 9:19	5. R. Anderson	FL 5:2
6. Peterson	IL 9:19	6. H. Gilman	ER 4:10
7. Clark	AN 9:27	7. S. Adams	CR 4:10
8. Papp	ST 9:20	8. S. Kavan	AN 4:6
9. West	IL 8:56	9. M. Binski	FL 4:6
10. Bergman	FL 8:54	10. S. Knott	IL 4:1
11. Zundke	FL 8:47	11. ---	---
12. Siegfert	AN 8:47	12. ---	---
⑱ 800m Team Run		⑲ 800m Team Run	
1. Schwan	CR 10:2	1. Schwan	CR 10:2
2. Anderson	FL 10:4	2. Johnson	ST 10:4
3. Johnson	ST 10:4	3. Kutzow	ER 10:5
4. Kutzow	ER 10:5	4. Stahl	ST 10:4
5. Stahl	ST 10:4	5. Shrik	IL 10:1
6. Shrik	IL 10:1	6. Pain	AN 10:1
7. Pain	AN 10:1	7. Skowronski	CR 10:2
8. Skowronski	CR 10:2	8. Bakke	AN 10:3
9. Bakke	AN 10:3	9. Tranch	FL 10:2
10. Tranch	FL 10:2	10. Jorgensen	FL 10:10
11. Jorgensen	FL 10:10	11. Galloway	CR 10:11
12. Galloway	CR 10:11		

1917

Girls
Trove
Team
List

	Amherst	Baine	Even Rapids	Elk River	Forest Lake	Sturminster
(4x800) 200 M Run	9	3	18	15	6	12
100 M 1. Hurdle	9	3	17	22	9	18
100 M Race	16	9	15	8	12	18
(4x200) 200 M Run	0	9	0	15	18	12
100 M Race	20	3	17	20	9	9
(4x100) 400 M Run	9	3	12	15	6	18
400 M Race	14	15	10	15	11	13
100 M L. Hurdle	11	12	12	19	6	17
350 M Race	16	3	18	15	11	15
200 M Race	12	5	16	13	22	10
200 M Race	9	12	19	13	8	16
(4x400) 1600 M Run	12	9	3	18	6	15
Shot	11	12	21	15	4	15
Track	7	11	23	17	5	15
Field	10	10	13	14	13	18
High Jump	5	3	19	17	12	19
	4	6	3	1	5	2

Forest Lake Dual Meet Tues. May 15TH

High Jump
 Bentrim 5'4"
 Frank 4'0"
 Rust 4'2"

Long Jump
 Rainville 13.9
 French 14.3
 Stasik 14'9 1/2
 Barich 11'9"

Shot Disc
 West 32.9 87'
 Royer 31'2" 84'
 Olson 26'
 Amick 24'2" 73'9"
 Pete 88'

100 M H
 Walsh 19.2
1600 M
 Keefe 5:58

Lindquist 13.3
 Butorac 13'
 Tina P 12'9"
 Lindamood 13'10"
 Bonin 12'6 1/2"

300 M H
 Lambert 49.0
3200 M
 Keefe 13:38

100 M
 Stasik 13.5
 Lambert 13.3
 Rainville 13.7
 Lindquist 14.2
 Butorac 14.7
 Hoium 14.1
 Borders 16.9
 Bonin 14.4
 Lindamood 14.5
 Frank 14.8

200 M
 Bonin 31.5
 Lindquist 30.3
 Frischmon 30.3
 Jesse 35.6
 Duax 36.0
4x100 relay
 Lindquist 14.9
 Stenstrom 15.3
 Peterson 13.9
 Frischmon 14.0

400 M
 Schachel 70
 Stenstrom 80
 Magill 70
800 M
 Craine 3:00
 Witschen 2:54

} Total
 } 57.7

4x200 relay
Total 1:56.4
 Tari 30.0 Lisa 28.6
 Tina 28.5 Betsy 29.0

Total 2:01
 Julie 29.1 Sara 30.3
 Marsha 31.0 Tina 30.9

4x400 relay Tot: 14:36
 S. White 73.0
 Lambert 64.6
 M. White 70.5
 Rainville 68

4x800 relay 11:12
 Erica 2:44 Ginger 2:47
 Susie 2:46 Brenda 2:58
 Tot: 11:12

Lara 2:57 Jenny 3:02
 Michelle 3:06 Christy 3:02
 Tot: 12:05

Stillwater Conf. Soph. Meet Wed May 16th

<u>Long J.</u>	<u>High J.</u>	<u>Shot</u>	<u>DISCUS</u>
Stasik 14'2 1/2	Frank 4'4"	Jameson 26'5"	69'
Magill 12'10	Rust 4'2"		
Peterson 12'2 1/2	Dunser 4'0"		

<u>100M</u>	<u>100MH</u>	<u>200M</u>	<u>300MH</u>
Stasik 13.2		Peterson 29.5	Bushie 60.2
Frank 14.1		S. White 30.9	
Dunser 14.8			

<u>400M</u>	<u>800M</u>	<u>1600M</u>	<u>3200M</u>
Hoiun 64.9	Novak 2:42		
M. White 30.5	Moore 2:45		
S. White 73.9	Stenstrom 2:59		

<u>4x100 relay</u>	<u>4x200 relay</u>	<u>4x400 relay</u>
Frank 14.8	Peterson 30.0	M. White 72.8
Stenstrom 15.3	Hoiun 28.8	Stenstrom 75.8
Rust 14.2	Magill 30.1	S. White 73.9
Stasik 13.3	Stasik 28.8	Magill 77.2
<u>Tot: 57.6</u>	<u>Tot: 1:58</u>	<u>Tot: 4:58.9</u>

<u>4x800 relay</u>	<u>Tot:</u>
Novak 2:45	
Keefe 2:40	
Moore 2:44	
Bushie 2:53	
	<u>11:04</u>

Conf. Soph. Meet wed. May 16TH 1990

3000 M. Steeple Chase		800 M. Steeple Chase	
1. McKa	10:28.4	1. McKa	1:52.1
2. Fluke	10:46.0	2. Stillwater	1:55.2
3. Blair	11:05.1	3. Whitcomb	1:57.3
4. Stillwater	11:11.6	4. Fluke	1:57.4
5. Rossville	11:41.7	5. Blair	1:58.5
6. P. Rapids	11:58.7	6. Rossville	2:00.1

100 M. High Hurdle		100 M. Steeple Chase	
1. Haderman	CR 17.1	1. Weber	CR 2:00
2. Dalton	CR 17.8	2. Dabala	WFL 5:04
3. Aristocracy	SW 17.8	3. Jancke	WFL 5:02
4. Sycamore	CR 18.2	4. Salem	SW 5:04
5. Oakland	CR 18.3	5. Dabala	CR 5:02
6. Rogers	AN 18.3	6. Lutz	FL 5:04

100 M. Steeple Chase		(4x100) M. Relay	
1. Pandimas	AN 13.0	1. Stillwater	3:17
2. Brown	SW 13.1	2. Anoka	3:1
3. Strick	FL 13.2	3. Rossville	3:3
4. Hiram	WAL 13.4	4. White Bear	3:7
5. Still	SW 13.5	5. Forest Lake	3:1
6. Hillmaring	CR 13.7	6. Coon Rapids	3:1

400 M. Steeple Chase		200 M. Steeple Chase	
1. Watson	AN 57.1	1. Friedrich	WAL 27.2
2. Koyan	FL 57.2	2. Brown	ST 27.5
3. Foster	CR 57.7	3. Pennine	AN 28.2
4. Lynch	MS 58.1	4. Archer	CR 28.5
5. Hoff	ST 58.9	5. Hirsch	AN 29.2
6. Jaehing	FL 59.1	6. Betz	WAL 29.3

200 M. Steeple Chase Hurdle		200 M. Steeple Chase	
1. Hargrader	ST 41.3	1. G. Francis	AN 12:53
2. Behrke	AN 41.6	2. Dabala	CR 12:58
3. Dutton	CR 42.0	3. Kinney	Still 12:54
4. Dyer	WFL 42.2	4. Glavin	FL 13:03
5. Aderman	CR 42.5	5. Gosler	Still 13:05
6. Root-Sewall	ST 42.8	6. Houck	WFL 13:20

800 M. Steeple Chase		1000 M. Steeple Chase	
1. Mapple	WFL 2:33.4	1. Anoka	4:18.5
2. Williams	CR 2:36.9	2. Stillwater	4:19.1
3. Nelson	SW 2:37.7	3. Rossville	4:31.4
4. Smeltz	WFL 2:38.6	4. Maple	4:52.2
5. Morak	FL 2:39.2	5. Forest Lake	4:42.1
6. Hensley-Thornet	FL 2:42.6	6. Hill Murray	4:44.1

Shot - Put		Long - Jump	
1. Weidenschull	AN 34.5	1. Lynch	WFL 6:04
2. McAllan	AN 35.1	2. Gungorach	CR 5:53
3. Kurtz	CR 35.1	3. Friedrich	AN 5:16
4. Sullivan	AN 35.6	4. Hamilton	WFL 4:7
5. Pochan	ST 35.8	5. Stasik	FL 4:24
6. Jettis	WAL 37.1	6. Johnson	SW 4:4

Discus		High - Jump	
1. Holmstrom	CR 91.7	1. Anderson	CR 48
2. Korte	CR 84.7	2. Toher	ST 48
3. Zaudtke	FL 85	3. Hansen	WAL 46
4. Kookstr	CR 87	4. Miles	CR 44
5. Weidenschull	AN 87.9	5. Crimber	WAL 44
6. Plesner	CR 87.3	6. Korte	FL 44

TWIN CITIES SUBURBAN CONFERENCE
TRACK AND FIELD RECORDS

HIGH JUMP - - Barb Maganon (89)	Blaine	5'4"	HIGH JUMP - - Tim Remme (88) Jan Cross (89)	Blaine Coon Rapids	6'6"
LONG JUMP - - Bethany Blauert (89)	Anoka	17'8"	LONG JUMP - - Rod Smith (88)	Roseville	23'7"
SHOT PUT - - Kristie Oleen (88)	Blaine	42'9.75"	SHOT PUT - - Chris Helfmann (89)	Roseville	56'0.5"
DISCUS - - Kristie Oleen (88)	Blaine	158'2"	DISCUS - - Mike McGroarty (89)	Stillwater	169'3"
			TRIPLE - - Dan Lynch (88)	White Bear	44'5"
			POLE VAULT - - Ted Erickson (88)	White Bear	14'1.75"
100 M. HIGH HURDLES - - Heather Kasun (89)	Stillwater	15.5	110 M. HIGH HURDLES - - Brad Charchenko (88)	Stillwater	14.5
300 M. LOW HURDLES - - Karen Brown (88)	Roseville	46.1	300 M. INTERMEDIATE HURDLES - - Rob Warren (88)	Roseville	39.3
100 M. DASH - - Tamara Webb (88)	Roseville	12.2	100 M. DASH - - Rod Smith (88) Jeff Brown (88)	Roseville Anoka	10.7 10.7
200 M. DASH - - Tamara Webb (88)	Roseville	25.5	200 M. DASH - - Rod Smith (88)	Roseville	22.0
400 M. DASH - - Nicky Johnson (89)	Stillwater	59.1	400 M. DASH - - Jason Anderson (88)	Blaine	50.4
800 M. RUN - - Jerry Watson (89)	Anoka	2:19.3	800 M. RUN - - Chris Silva (88)	Hill Murray	1:56.0
1600 M. RUN - - Aimee Peterson (89)	Roseville	5:16.1	1600 M. RUN - - Daryl Breitbart (89)	Roseville	4:25.5
3200 M. RUN - - Tracy Dahl (88)	Anoka	10:42.8	3200 M. RUN - - Chris Schmid (88)	White Bear	9:38.7
4 X 100 M. RELAY (Barthel, Bovy, Erickson, Webb)	Roseville (89)	50.6	4 X 100 M. RELAY (Reitan, Bonds, Buck, Bonin)	Blaine (89)	43.4
4 X 200 M. RELAY (Curella, Whitmore, Felland, Adams)	Hill Murray (88)	1:47.7	4 X 200 M. RELAY (Mathison, Blaska, Perrkio, Brown)	Anoka (88)	1:31.0
4 X 400 M. RELAY (Richardson, Anderson, Hubbard, Watson)	Anoka (89)	4:06.4	4 X 400 M. RELAY (Anderson, Schill, Peterson, Bonin)	Blaine (88)	3:25.2
4 X 800 M. RELAY (Peltier, Cave, Bakke, Lenard)	Roseville (89)	9:50.8	4 X 800 M. RELAY (Doran, Callahan, Miller, McNichols)	Coon Rapids (88)	8:22.2
			SPRINT MEDLEY RELAY (Garofalo, Schwim, McArran, Silva)	Hill Murray (88)	3:37.1

Conference Meet Prelims / Finals.

<u>100 M H</u>	<u>100 M</u>	<u>200 M</u>	<u>300 M H</u>
Walsh 19.3	French 13.4	French 27.9	Lambert 48
* Lambert 17.2	Stasik 13.4	Stasik 28.3	48
16.4	Lindamood 13.8	S. White 30.7	

<u>400 M</u>	<u>800 M</u>	<u>1600 M</u>	<u>3200 M</u>
M. White 66.8	Bushie 2:39	Keefe 6:04	Stanislawski
Hoiun 61.9	Moore 2:39	Craine 6:40	12:09
61.4	Novak 2:35		

<u>4x100</u>	<u>4x200</u>	<u>4x400</u> Total <u>4:10</u>	<u>4x800</u>
^{Total} Lindquist 13.3	^{Total} Frischmon 28.7	Rainville 61.5	Moore 2:39
^{1:55} Stenstrom 14.1	Stasik 27.5	Hoiun 62.5	Schachel 2:35
^{1:55} Peterson 13.8	^{1:55} Rainville 27.6	M. White 65.6	Keefe 2:38
Frischmon 13.6	French 27.2	Lambert 61.0	Novak 2:26

<u>High Jump</u>	<u>Long Jump</u>	<u>Shot</u>	<u>Disc</u>
Bevrim 5'0"	Stasik 15'4"	West 35'1"	—
Frank 4'6"	Rainville 15'0"	Royer 31'2"	—
Rust 4'6"	French 15'3"	Olson 26'5"	Pete 98'

* All Conference Honors.

Twin Cities Sub. Conf. Meet May 2nd/24th 1990.

Girls	9/24/90	1"	2"	3"	4"	5"	6"	An	Bl	CR	FL	HM	Ro	St	WB
Shot Put	M. SWANSON CR-39'7 1/2"	CR-K. KATZMARK 36'3 1/2"	BL-A. WEST 35'1 1/2"	AM. J. CLARK 34'5"	AM-S. COLENSO 34'1"	WB-C. ROONEY 33'2 1/2"	6	6	18	0	0	0	0	0	1
Long Jump	K. SCHNEER CR 17'1 1/2"	S. BAKER RO 16'9"	K. LYNN WB 16'9"	FL 16'0"	L. FRIEDRICH HM 15'5 1/2"	L. STASAK BL 15'4 1/2"	0	1	10	4	2	2	8	0	6
3200 M Run	ALISON HOWARD RO 11:35.77	MICHELLE VENEZE WB 11:46.70	JILL DYBOLD WB 12:06.0	AMY WEBER RO 12:12.15	SHAN ROONEY WB 12:12.97	CHRISTEN GROEBER AN 12:16.91	1	7	0	0	0	0	14	0	16
1X800 M Relay	ROSEVILLE * 9:50.46	COON RAPIDS 10:00.15	WHITE BEAR 10:05.24	STILLWATER 10:11.28	ROBERT LAKE 10:19.91	ANOKA 10:23.21	1	0	8	2	6	2	10	4	6
100 M Hurdles	N. SAIKO RO 15.77	K. LAMBERT BL 16.65	E. LEGAT ST 16.89	D. ZAVER RO 17.14	S. ADERMAN CR 17.27	J. LINDGREEN CR 17.30	0	8	3	3	6	2	14	6	10
100 M Dash	T. WEBB RO 12.66	R. ANDERSON FL 13.06	N. STROMBERG CR 13.21	A. PAOLO FL 13.31	T. PENDZIMOS AN 13.53	L. FRIEDRICH HM 13.41	2	0	6	12	1	3	10	0	0
1X200 M Relay	ROSEVILLE * 1:45.38	WHITE BEAR 1:46.25	HILL MURRAY 1:47.41	ANOKA 1:48.19	COON RAPIDS 1:48.96	BLAINE 1:51.08	4	14	2	4	18	9	10	0	8
High Jump	K. SCHNER CR 5'4"	N. ADAMS HM 5'3"	C. ALLARD ST 5'3"	R. ANDERSON FL 5'2"	C. NEGAT ST 5'1"	S. ADERMAN WB 5'0"	0	14	3	10	4	8	0	8	3
DISCUS	M. LARSON RO 115'5"	K. KATZMARK CR 111'9"	M. SWANSON CR 109'0"	V. WAGNER ST 103'3"	J. PETERSON BL 99'0"	L. BENRIMM WB 91'3"	0	2	14	0	0	0	10	4	1
1600 M Run	J. WATSON AN 5:19.04	A. HOWARD RO 5:23.61	A. WEBER RO 5:26.84	J. DYBOLD WB 5:27.54	N. VENEZE WB 5:29.90	C. OLSON CR 5:31.62	10	0	1	0	0	0	14	0	6
4X100M Relay	ROSEVILLE * 49.67	ANOKA 51.65	STILLWATER 52.06	COON RAPIDS 52.75	WHITE BEAR 53.50	HILL MURRAY 53.70	8	0	4	0	2	1	10	6	2
400 M Dash	N. ADAMS HM 59.67	A. PAULINO FL 1:00.05	J. JOHNSON WB 1:01.51	J. HOLM BL 1:01.88	S. BAIRD AN 1:02.45	N. JOHNSON ST 1:03.06	2	4	0	8	10	28	100	1	6
300 M Low Hurdles	H. HARGREAVE ST * 44.96	N. SAIKO RO 45.41	A. DOHERTY RO 45.51	M. SCHOLL HM 47.25	K. LAMBERT BL 48.24	J. MONETTE RO 49.92	0	2	24	0	4	32	115	10	0
800 M Run	J. WATSON A 2:19.39	S. CAVE RO 2:23.32	A. LONG RO 2:25.51	S. PEVIER R 2:24.61	J. MAMBLE WB 2:22.29	M. SCREEDER WB 2:22.29	10	0	0	0	0	0	18	0	3
200 M DASH	T. WEBB RO 26.20	Z. COLEMAN RO 26.33	R. ANDERSON FL 26.89	J. JOHNSON WB 27.22	N. STROMBERG CR 27.23	A. PAULINO FL 27.38	0	4	0	2	7	0	18	0	4
4X400 M Relay	ROSEVILLE * 4:03.35	HILL MURRAY 4:05.52	ANOKA 4:06.15	STILLWATER 4:09.82	BLAINE 4:10.95	FOREST LAKE 4:16.13	6	2	0	0	1	8	10	4	0
* NEW RECORD							50	26	3	38	40	161	33	3	5

Robert Livingston
Blaine, 5/24/90

1990 ALL CONFERENCE HONORS

GIRLS TRACK AND FIELD

SHOT PUT

1. Missy Swanson	Coon Rapids	39'7.5"
2. Kris Katzmark	Coon Rapids	36'3.25"

DISCUS

1. Michelle Larson	Roseville	115'5"
2. Kris Katzmark	Coon Rapids	111'9"

HIGH JUMP

1. Kristine Scherer	Coon Rapids	5'4"
2. Nikki Adams	Hill Murray	5'3"

LONG JUMP

1. Kristine Scherer	Coon Rapids	17'11.5"
2. Sheri Baker	Roseville	16'9"

100 M. HIGH HURDLES

1. Niki Saiko	Roseville	15.93
2. Kerry Lambert	Blaine	16.69

300 M. LOW HURDLES

1. Holly Hargroder	Stillwater	44.96
2. Niki Saiko	Roseville	45.41

100 M. DASH

1. Tamara Webb	Roseville	12.66
2. Rita Anderson	Forest Lake	13.06

200 M. DASH

1. Tamara Webb	Roseville	26.20
2. Irene Collins	Roseville	26.83

400 M. DASH

1. Nikki Adams	Hill Murray	59.67
2. Anita Paulino	Forest Lake	1:00.05

800 M. RUN

1. Jennifer Watson	Anoka	2:19.39
2. Sarah Cave	Roseville	2:23.32

1600 M. RUN

1. Jennifer Watson	Anoka	5:19.04
2. Alison Howard	Roseville	5:23.61

3200 M. RUN

1. Alison Howard	Roseville	11:35.77
2. Nicole Venzke	White Bear	11:46.70

4 X 100 M. RELAY

1. Roseville	49.67
(T. Heimer, I. Collins, S. Erickson, T. Webb)	
2. Anoka	51.65
(S. Bakke, A. Henning, R. Hetland, T. Pendzimas)	

4 X 200 M. RELAY

1. Roseville	1:45.38
(A. Doherty, T. Heimer, I. Collins, S. Erickson)	
2. White Bear Lake	1:46.25
(E. Studer, K. Lynch, K. Eissinger, J. Johnson)	

4 X 400 M. RELAY

1. Roseville	4:03.35
(S. Erickson, A. Doherty, A. Long, N. Saiko)	
2. Hill Murray	4:05.52
(M. Scholl, L. Friedrich, J. Dynan, N. Adams)	

4 X 800 M. RELAY

1. Roseville	9:50.46
(S. Peltier, A. Long, R. Bakke, S. Cave)	
2. Coon Rapids	10:00.15
(S. Mortensen, C. Olson, M. Rutherford, C. Adkins)	

*Coaches: please check to be sure that relay team members are listed accurately.

TWIN CITIES SUBURBAN CONFERENCE
TRACK AND FIELD RESULTS
MAY 22, 23, 24, 1990

BOYS RESULTS

1. Roseville	141
2. Anoka	136
3. Stillwater	109
4. Blaine	70
5. White Bear Lake	69
6. Coon Rapids	66
7. Forest Lake	56
8. Hill Murray	27

GIRLS RESULTS

1. Roseville	161
2. Coon Rapids	78 1/3
3. White Bear Lake	59 1/3
4. Anoka	50
5. Hill Murray	40
6. Forest Lake	38
7. Stillwater	33
8. Blaine	26 1/3

Region Prelims / Finals May 31st Thurs.

<u>High Jump</u>	<u>Long Jump</u>	<u>Shot</u>	<u>Disc</u>
Bentim	French 15'1"	West	104'5"
Rust 4'6"	Stasik 15'2"	Royer	83'
Frank 4'6"	Rainville 14'3"	Olson	* Pete 110'4"

<u>100</u>	<u>200</u>	<u>400</u>	<u>800</u>
French 13.2, 13.4	French 28.3	Hoiurn 61.6	Novak 2:34
Stasik 13.4, 13.4	Stasik 28.7	Rainville 63.2	Moore 2:41
Lindamood 13.9	S. White —	M. White 67.0	Bushie 2:41

1600
Craine
Keefe
Stanislowski

100 M.H.
Walsh 19.5

4x100
Lindquist
Stenstrom
Peterson
Lindamood

4x200
Stasik 27.8 Total
Frischman 31.1^{1:51}
Rainville 27.9
French 28.2

4x400
Hoiurn
M. White
Rainville
Stanislowski

4x800
Schochel
Moore
Keefe
Novak

* State Qualifier

1989 GIRL'S REGION 4AA TRACK RECORDS

<u>EVENT</u>	<u>INDIVIDUAL</u>	<u>SCHOOL</u>	<u>TIME/DIST.</u>	<u>YEA</u>
100 M. High Hurdles	Kathy Gebeke	White Bear Lake	15.0	198
*100 M. Low Hurdles	Kathy Gebeke	White Bear Lake	14.2	198
100 M. Dash	Ann Kiecker	Coon Rapids	12.2	198
1600 M. Run	Tracy Dahl	Anoka	4:55.9	198
800 M. Relay		Anoka	1:43.1	198
400 M. Dash	Anne Hills	Mounds View	56.2	198
400 M. Relay		Coon Rapids	49.4	198
300 M. Low Hurdles	Heidi Juhl	Stillwater	45.5	198
*200 M. Low Hurdles	Myra Becker	Blaine	28.6	198
*165 M. Low Hurdles	Myra Becker	Blaine	24.0	198
800 M. Run	Ann Klein	Hill-Murray	2:14.1	198
200 M. Dash	Sara Schroeppfer	Mounds View	25.4	198
1600 M. Relay		Anoka	3:54.8	198
3200 M. Run	Tracy Dahl	Anoka	10:39.5	198
3200 M. Relay		Anoka	9:32.7	198
Long Jump	Kristi Kropp	Anoka	18' 4 1/4"	198
Shot	Fayette Farrar	North	43' 11 3/4"	198
Discus	Kristie Oleen	Blaine	153' 10"	198
High Jump	Julie Hoyes	Anoka	5' 6"	198

1990 SEASON MEMORIES

Remember When:

It rained at almost every meet we had
Having a picnic at Hamline Relays
Lafer brought his dog to the Forest Lake meet
Rick drove to White Bear instead of Stillwater for the Conf. Soph. meet
Playing Frisbee Football
Having to do the High Jump outdoors for our indoor meet
Getting squashed by the high jump pits
We went to the beach for practice
Tina and Tari were singing "I'm a blonde" on the bus home from conference
Having to share our bus with the "Coons"
Rick dancing in the weightroom
Watching all the sophomores trying to learn their A's and B's
Jennie Stenstrom told the relay judges at the conference meet that she had never handed off before
Soaking up the rays at Region Prelims
Getting soaked at Region Finals
The weight girls always looking like they were going to a picnic with all their coolers and things

SENIORS: THE COACHING STAFF WOULD LIKE TO THANK YOU ALL FOR A VERY MEMORABLE SEASON. YOU HAVE MADE COACHING FUN FOR ALL OF US AND WE HOPE THAT YOU WILL REMEMBER US WHEN YOU LEAVE. THANK YOU FOR YOUR LEADERSHIP, DEDICATION, AND TALENT, AND MOST OF ALL THANK YOU FOR CONTRIBUTING TO THE BLAINE TRACK TRADITION. WE'LL MISS YOU.

SINCERELY,

Myra, Rick, and Mark